

What can your eyes reveal about you?

IRIDOLOGY

Your eyes truly are the windows to gaining knowledge and the key to preventative care. Iridology is an accurate, non-invasive technique that helps in discovering what is going on inside your body and can help identify the underlying cause of various symptoms.

THE EYES ARE THE WINDOW TO THE BODY & SOUL!

Iridology can help reveal:

- constitutional strength & weaknesses
- imbalances of the body
- your nutritional needs
- areas of toxic accumulation
- biochemical deficiencies
- stages of inflammation



Iris analysis shows changes in tissue long before clinical signs develop. The marking and colors of the iris change as changes in the body tissue occur. Though not widely accepted in the United States, Iridology is used by practitioners worldwide and it is at least 3,000 years old. Iridology cannot diagnose disease but it can help health seekers target areas in need of improvement.

Judy Marie, a Certified Master Herbalist and Iridologist, mission is to help people realize their own health potential through maintaining wellness.

An iridology examination is a holistic evaluation of the root causes of health imbalances on all levels; physical, mental, emotional spiritual. The examination includes a nutritional analysis and Judy will help create a wellness program with recommendation that strive to support and nurture each person's individual health with a goal of preventative health care. The wellness program will focus on the body's structural wellbeing, the health of its physiological systems, diet and nutrition, as well as emotional and psychological wellbeing.